



DIALOGUE

Dear Parent

Greetings!!!

I hope my 4th edition of Dialogue will find you in better health.

On behalf of VVN family, I am happy to welcome your ward for the 2022-23 Academic Session. We are looking forward to a productive partnership with you to ensure your ward can achieve his/her highest potential. We recognize that to be successful in school, your ward needs support from both home and school. We know a strong partnership with you will make a significant difference in your child's education. As partners, we share the responsibility for your ward's success and want you to know that we will do our very best to carry out our responsibilities.

Recently there has been much discussion by staff, parents and students regarding the use of mobile phones. There is a growing amount of evidence that shows that unlimited access to phones can have a detrimental effect upon learning and social development of your ward. Issues being experienced these days are:

1. Rising levels of social isolation and anxiety, particularly around the use of social media and phone addiction.
2. Mobile users are prone to lack of concentration and forgetful memory.
3. It raises aggression among students and reduces confidence.
4. Excess use of mobile phone reduces your ward's academic performances also.

Good time management skills help students prioritize tasks so that they are able to complete school work and assignments on time. Becoming better at managing time allows students to become more organized, more confident and learn more effectively. I suggest the following steps for better time management:

1. Help your child set specific goals for each day.
2. Sit down with your child each week to review upcoming assignments and tests.
3. Creating a project plan can also help avoid last-minute panic.
4. Your child should work on one task at a time, giving it his or her full attention.
5. Encourage your child to work on assignments earlier in the day or right after school.
6. Use your master schedule to mark a cut-off time for homework each night as well as a set bedtime.

If we come together and make efforts it will definitely help your ward achieve the aim in his life.

Looking forward to your cooperation.

Thank you

Best regards

Roop Krishan Bhat
(Principal)